

SAMPLE MENU

STARTERS

Mixed Greens with Pears & Pecans

Farm House Vegetable Soup

Chef's Low-Sodium Soup

ENTRÉES

BBQ Ribs

Tender Pork Rib with Sweet BBQ Sauce

Spicy Cornish Hen

Tender Cornish Hen with Herbs & Spices

Salmon with Pineapple Salsa

Fresh Pineapple, Peppers & Cilantro

Chef's Special

SIDES

Tricolored Tortellini with Garlic Olive Oil

Roasted Yukon Potatoes

Herb-Roasted Vegetables

Fresh Broccoli

DESSERTS

Blueberry Crisp

Strawberry Cheesecake

No-Sugar-Added Strawberry Cheesecake